



2025 MCMS President

Nadege Gunn, MD

McLennan County and beyond.

In this January 2025 issue you will find resources to help you in practice, wellness, and education. You will also be apprised of dates for legislative meetings, social and outreach events that are occurring in our areas. Please do not hesitate to reach out to your [MCMS](#) team with any questions or concerns you think WE as a physician body should advocate for. Wishing you health and happiness in 2025 and we look forward to seeing you at programming throughout the year!

## IN CASE YOU MISSED IT...

### 2024 Presidential Distinguished Service Award:

#### Dr. Keith Horner (Congrats!!)

Dr. Keith Horner has served the Waco community for decades. Most would describe him as a kind and compassionate person whose life's work is to serve others. Dr. Horner delivered a warm and heartfelt thank you speech at our county holiday banquet last month. Many were reduced to tears as we honored Dr. Horner's career and service to his patients.



Drs. Horner (r) and Matthews (l)

#### Lone Star Caucus and Hot Topics

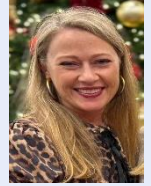


#### We are stronger together!

The Lone Star Caucus was formed in 2014 to unite the smaller districts and county medical societies. Our very own, Dr. Brad Holland (current Speaker of the TMA House of Delegates), was one of the founding members. Each year, the caucus presents resolutions to the TMA for support in policy changes. Our membership is invited to serve on committees and opine on various topics. This year, some of the key topics are phone free schools, health insurance plan transparency, same-day service access changes for Medicaid, technology solutions and education for small practices, and revisiting of gender affirming care policies. A link to the Lone Star Caucus is located in the resources section. Consider becoming an active member today!

## Your MCMS Executive Director

**JoAn Wade** has served as the MCMS executive director for the past 14 years. In her capacity she manages all



operations of the MCMS office, works closely with elected officials, TMA, and state legislature. She coordinates all MCMS programs and serves as a liaison between TMA and our local health related agencies. If you have any questions about membership and benefits of the TMA, email [MCMS](mailto:MCMS_admin@mclennancountymedicine.org) at [admin@mclennancountymedicine.org](mailto:admin@mclennancountymedicine.org).

## Important Resources

- [Life Bridge](#)-Physician Wellness Support
- [TMLT Malpractice](#)
- [Texas Medical Association \(TMA\)](#)
- [Lone Star Caucus](#)
- [MCMS Website](#)

## Mark Your Calendars

- **First Tuesdays**
  - 04 FEB 2025
  - 04 MAR 2025
  - **01 APR 2025\***
  - 06 MAY 2025

(\*April 2025 will be an MCMS organized group trip. Stay tuned for details).

- **Tex Med Annual Meeting (San Antonio, TX)**
  - 8-10 May 2025
- **Central Texas Science & Engineering Fair**
  - 11 FEB 2025\*\*\*\*Volunteer Judges Needed! Email [MCMS](mailto:MCMS).

## 2024 DECEMBER ANNUAL MEETING and HOLIDAY BANDQUET



TMA's immediate past president, Dr. Rick Snyder delivered a thought provoking talk about the future of medicine in our state. One of the most compelling parts of his talk was the call to action to continue inspiring and cultivating the future generation of physician leaders. As physicians in Texas age, there may not be enough students interested in pursuing a career in medicine to manage the future health care needs. All the more reason to remain vigilant and involved in policy making towards education and healthcare delivery.

If you haven't already, consider signing up for the Baylor University Pre-Medical Practicum Program (**BU-MPP**) where you can serve as a mentor to pre-medical and health professions students at Baylor University. The future generation of medicine is depending on us to share our skills and expertise. Email [MCMS](#) to sign up.

### FOR YOUR INFORMATION...

#### First Tuesdays at the Austin Capitol Building

If you want to know what topics are impacting Texas physicians first hand, consider attending first Tuesdays at the Capitol building in Austin. You can register on the [TMA website](#). Hotel accommodation at discounted rate is provided if needed. These sessions are open to medical students, physicians, and alliance members. The next session is **Tuesday 04 February 2025 from 7AM to 4PM CST**. Hope to see you there.

### WHO'S WHO?

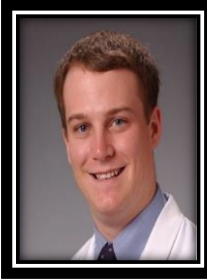
#### 2025 McLennan County Medical Officers



Nadege. Gunn, MD-  
President



Walter Mathews, MD-  
Immediate Past  
President



Adam Ylitalo, MD-  
President Elect



Richard Haskett, MD-  
Secretary-Treasurer

#### MCMS Welcomes our 2025 Newest Officers



Alexandra Jones-  
Adesina, MD-At-Large



Anna VanderHeiden, MD-  
At Large



Melanie Diaz, MD-Resident  
Representative

## 2025 MCMS Board of Directors

### OFFICERS

#### **President:**

Nadege Gunn, MD

#### **President-Elect:**

Adam Ylitalo, DO

#### **Secretary-Treasurer:**

Rich Haskett, MD

#### **Immediate Past-President:**

Walter "Sparky" Matthews, MD

### DELAGATES

**Place 1** Scott Blattman, MD

Alternate Adam Falcone, MD

**Place 2** Bradford Holland, MD

Alt Walter "Sparky" Matthews, MD

**Place 3** Bob Wolf, MD

Alt Jeff Manning, MD

**Place 4** Barbara Hair, DO

Alt William McCuniff, MD

**Place 5** Nadege Gunn, MD

Alt Adam Ylitalo, DO

### Board of Directors continued...

Hanu Ancha, MD – At-Large

Melanie Diaz, DO – Resident  
Representative

J. Mike Hardin, MD- Ex Oficio

Stefan Huber, DO – At-Large

Alexandra Jones-Adesina, MD – At-  
Large

Esiquiel Olivarez, Jr., DO – At-Large

Anna Vanderheiden, MD - At-Large

Van Wehmeyer, MD – At-Large