



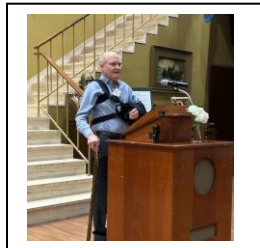
Leadership Spotlight: Bradford W. Holland, MD Elected TMA President-Elect

We are proud to announce that McLennan County's very own Dr. Brad Holland was elected Texas Medical Association President-Elect, eventually to become TMA's 161st President. A visionary leader, Dr. Holland brings a record of compassionate care, strategic insight, and tireless advocacy. Dr. Holland's vision to "Reignite our passion to reclaim our profession" is clear. We look forward to his leadership and the innovations he will bring to our association.

Link: <https://www.texmed.org/Template.aspx?id=66076>

24th Annual Gold Headed Cane Award Recipient: Dr. J. Mark Rister

Join us in congratulating Dr. Rister, this year's recipient of the Gold Headed Cane Award, which honors a physician who exemplifies integrity, service, and clinical excellence. Dr. Rister's lifelong dedication to compassionate care and mentorship continues to elevate our profession.



Share the movement: "Walk with a Doc"

Promote health while strengthening community



ties! Encourage your patients and colleagues to participate in "Walk with a Doc." It's a simple, fun way to boost physical activity and build trust between physicians and the public. Join us every **3rd Saturday** of the month at **Mountainview Park @ 9AM** rain or shine! Email MCMS if you would



like to present (5 min.) on a health-related topic to kick off one of the monthly walks. Pictured is Dr. Sabrina Merchant discussing heat illness and prevention.

Spotlight: Dr. Stefan Huber, TMA Leadership College Graduate, Class of 2025

Congratulations to Dr. Stefan Huber, a local family physician at Tinovus Health, one of this year's distinguished TMA Leadership College Scholars. This is a yearlong journey of rigorous



From MCMS Executive Director



If you have any questions about membership and benefits of the TMA, email [MCMS](mailto:admin@mclennancountymedicine.org) at

admin@mclennancountymedicine.org

Important Resources

- [Life Bridge](#)-Physician Wellness Support
- [TMLT Malpractice](#)
- [Texas Medical Association \(TMA\)](#)
- [Lone Star Caucus](#)
- [MCMS Website](#)

Mark Your Calendars

"Walk with a Doc"

- 21 June 2025
- 19 July 2025
- 16 Aug 2025
- 20 Sep 2025

WACO FAMILY MEDICINE

- Residency "Welcome to Waco" Event: Monday, June 16 - 6pm - Cameron Park Clubhouse
- Waco Family Medicine Resident Graduation: Friday, June 27 - 6pm - Baylor Club (RSVP Required)

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coursework designed to arm young physicians with the skills to serve their communities with intention. This honor recognizes emerging leaders poised to make a lasting impact on organized medicine and healthcare policy. We are proud of your achievements, Dr. Huber!



This year's TexMed 2025 annual meeting was a resounding success! From

cutting-edge clinical sessions to meaningful networking and policy updates, attendees left energized and informed. Highlights included:

- Keynote address on the future of AI in medicine
- Policy forums tackling physician burnout and scope of practice
- Young Physician and Resident mixers fostered new connections
- Our very own Dr. Bradford Holland elected TMA President-Elect

Thank you to all who made TexMed 2025 unforgettable. Save the date for TexMed 2026: Corpus Christi April 16-18, 2026.

MARK YOUR CALENDARS:

- Waco Family Medicine Residency Welcome to Waco Event: Monday, June 16 - 6pm - Cameron Park Clubhouse
- Waco Family Medicine Resident Graduation: Friday, June 27 - 6pm - Baylor Club (RSVP Required)

For additional information: admin@mclennancountymedicine.org

Senior Wellness in Action: Dr. Barbara Hair's HATS Program

Dr. Hair has launched an exemplary senior wellness program, HATS, which stands for Healthy Aging Tips for Seniors, aimed at improving quality of life for older adults through integrated medical, nutritional, and social support. The program is already making a measurable difference in participating communities. Thank you, Dr. Hair, for leading by example.

The Power of Membership: Advocacy, Camaraderie, and Community



Membership in MCMS is a commitment to advancing medicine through shared purpose and mutual support. Members enjoy access to:

- Advocacy at the state and national levels to protect and advance the practice of medicine.
- Camaraderie with peers who understand the triumphs and challenges of our profession.



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2025 MCMS Board of Directors

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President:

Nadege Gunn, MD

President-Elect:

Adam Ylitalo, DO

Secretary-Treasurer:

Rich Haskett, MD

Immediate Past-President:

Walter "Sparky" Matthews, MD

DELEGATES

Place 1 Scott Blattman, MD

Alternate Adam Falcone, MD

Place 2 Bradford Holland, MD

Alt Walter "Sparky" Matthews, MD

Place 3 Bob Wolf, MD

Alt Jeff Manning, MD

Place 4 Barbara Hair, DO

Alt William McCunniff, MD

Place 5 Nadege Gunn, MD

Alt Adam Ylitalo, DO

Board of Directors continued...

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D. Mike Hardin, MD- Ex Oficio

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Alexandra Jones-Adesina, MD - At-Large

Esiquiel Olivarez, Jr., DO - At-Large

Anna Vanderheiden, MD - At-Large

Van Wehmeyer, MD - At-Large

Nathan Lott, MD- At-Large

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- CME opportunities that are practical, and tailored to your interests.
- Recognition of excellence through honors and awards.
- Community involvement through impactful programs like "Walk with a Doc", Hard Hats for little Heads, and more.

Volunteers Needed to Join Healthcare Panel Discussion: Who: Local physicians and healthcare professionals

What: CHAMPS Provider Insights Panel

When: Thursday, July 17th 2:30PM – 3:15 PM

Where: Ascension Providence Hospital, 6901 Medical Pkwy,
Waco, TX

Why: This panel is part of the Careers in Health and Medicine Program (CHAMPS) summer healthcare camp, a program serving high school students from historically underrepresented backgrounds who are exploring careers in health care. The panel will feature physicians from various specialties sharing their career journeys, perspectives on holistic care, and advice for the next generation of healthcare professionals. We'd love to have more local providers join us in inspiring these future healthcare leaders!

Contact: Megan GarMelo, MPH Program Coordinator at
meagan.melocik@wacofamilymedicine.org or 817-905-9089



Stay Engaged—Your Voice Matters

We encourage all members to:

Nominate colleagues for awards.

Submit educational ideas for local CME.

Participate in advocacy efforts and town halls.

Together, we create a vibrant,
resilient medical community.